# Appalachian Challa*NG*e Advantage

Kentucky National Guard Youth Challenge Program

**Academy Newsletter** 



SEPTEMBER 2025

VOLUME XXVII ISSUE III

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### IMPORTANT DATES

Cadet Virtual Reward Days:

Sept 27-28

Oct 25-26

Nov 27-28

Commandants Cup:

Oct 13-16

**FTX** 

Sept 22-24

Shoot Hoops Not Drugs:

Sept 29

Blackhawk:

October 28







# Electing for Success

Student council elections were recently held, and the election process brought great excitement and learning opportunities for each cadet. Cadets had the opportunity to elect officials to lead and represent them in this constitutional and citizenship learning project. Each platoon will be represented by (2) representatives, with an Academy elected President, Vice-President, and Secretary. The election is integrated into the Citizenship Core Component, and serves as great medium for cadet involvement in their ChalleNGe journey.

Please see remarks from Class 027 Elected Officials.







### STUDENT COUNCIL



#### Student Council President, McMillian, N

I'm a cadet here at the ACA, and I'm the president of the student council. This role means a lot to me because I get to listen to other cadets and hear their ideas about what we can add to make this place more enjoyable. I don't want cadets to feel bored while working to complete the program—I want their time here to be the best it can be.

I truly want to make a positive change at the ACA and prove to people that I am a strong leader. My name is Noah McMillian, and I'm proud to serve as president of the ACA student council.

"Let's Make ACA Great."

#### Student Council Vice President, Smith, O.

To me, being vice president means helping others by listening to their ideas and speaking up on their behalf. While I am here, I want to make a positive change for my fellow cadets, helping them build better lives. I want to show that I care, and I want to prove to the world that I can change and grow into a strong leader.

#### Student Council Secretary, Cooper, S.

Serving as the secretary of the student council is a big deal. I want to gather the opinions of every representative and platoon member I can and bring them to light. I believe everyone deserves to have their opinions heard and considered. This position is, for me, a way to help others in ways I've never helped before.

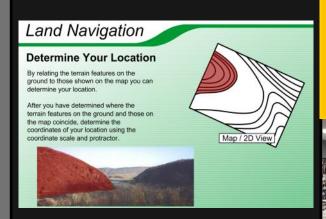
I wish I could do even more than what I'm able to as secretary, but I genuinely want to support my fellow cadets and help us all feel like this place isn't so bad—maybe even help make it feel a little more like home. To me, this position is not just a responsibility but also a gateway to becoming a better person and a role model for those who may need help or someone to look up to.







**OFFICERS** 

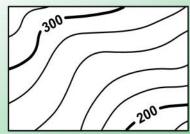


# The Way You Get There!



On Tuesdays at the Appalachian Challenge Academy, if you were to enter one of the classrooms, you might come across cadets surrounding a map with a pencil and protractor in hand, feverishly talking with their group about their given task. This class is none other than land navigation. Land navigation is a course dedicated to teaching cadets how to determine and follow a route in an unknown area using only a topographic map, compass, and other navigation tools. Cadets will learn to decipher a map, measure distance, and utilize a compass to determine the direction of their desired location. On the left, you will see a few examples of the information provided in the class that cadets will put to the test during their field training exercise next month. But the most important lesson cadets learn from this course is that they don't have to rely on modern technology to get them where they're going. They have all of the capabilities necessary to do it themselves!

#### **Contour Lines**



Contour lines connect a series of points of equal elevation and are used to illustrate topography, or relief, on a map. They show the height of ground.

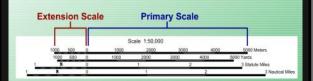
contour lines that are close together indicate hilly or mountainous terrain; when far

#### **Measuring Distance**

A Bar Scale is a ruler printed on the map and is used to convert distances on the map to actual ground distances.

measure and is called the Primary Scale. To the left of the zero

Note: When using the Bar Scale, be sure to use the correct scale for the unit of measure desired.



#### Land Navigation

#### Shooting an Azimuth

Use your compass to determine or follow an azimuth. The follow an azimuth. The arrow on the compass points toward magnetic north. The arrow is also attracted by any mass of metal; for example, a truck, your rifle, your helmet, and even electrical power lines. Thus, be sure you use your compass away from metal objects so it will not give a wrong reading.

The lensatic compass must always be held level and firm when sighting on an object and reading an azimuth.

There are two methods of holding the lensatic compass and sighting: - Compass-to-cheek



(Presentation from 550cord.com)

## What Is Ahead

Few things motivate us more than knowing that someone who cares will be checking in on our progress and ready to encourage our success. Recently our Post Residential, Resource Advocates, had the opportunity to introduce themselves and the Post Residential portion of our program to our Cadets.

The Post Residential portion of our program continues for 24 months after graduation from the ACA. The first year is built around monthly contact, while the second year is quarterly contacts. It makes a significant difference that each graduate of the ACA has someone who not only contacts them to see how they are doing, but also is available to be that resource when life happens, as a challenge arises, as they pursue a new endeavor, or to celebrate their success and their victories.

One of the key parts of this contact is that it is done with the security and well being of all involved. It is why "there is an app for that". While other contact methods are possible, our preferred method is through the app, MentorPro, which provides us with a secure, monitored web and app based method of communication. The app also contains many resources and tools to aid graduates night or day.

The Post Residential program not only reinforces the lessons learned while at the ACA but is a solidifying piece of helping each graduate to put those lessons into practice when they get home. Allowing them to pursue their success long term.





# ACHIEVEMENT UNLOCKED



Level 2.5

Week 7 Promotions

Adams
Adkins
Barnes
Basford
Begley
Bell
Bradley
Click
Cooper
Coppedge
Cunningham
Dragoo
Fletcher
Fondaw

Gribbins
Griggs
Gross
Guzman
Hackman
Hamblin
Hamilton
Hetton
Jones
Lane
Larson
Ligier

Marcum

Martin
McMillian, N
Merrell
Napier
Newland
Nichols
Osborne
Parks
Pegg
Potter
Renfro
Roark
Rodriguez, C
Salisbury

Sandlin
Scholes
Smallwood
Smith, A
Smith, C
Smith, R
Summers
Sumpter
Thornsberry
True
Velazquez

Wilson, B

Wilson, J



### Level 2 CPL

Futch Bailev Bernstorf Gibson Burchett Gillum Glenn Clark Coutina-Guizar Hopper Evans Howard Kiser Evans Fisk Lewis Marshall Fitch Miller Fultz

Morton
O'Neal
Pace
Porter
Proffitt
Riggins
Rodriguez, N
Rose
Sidell
Sitamza-Kamdem

Smith, O
Sobecki
Stevens
Thoroughman
Valdez
Waggoner
Wallace
Whitt



# Level 1.5 PFC

Brooks
Dennis
Elswick
Gray
Hambrick
Mcknight
Ross
Thompson, E



# Level 1 PVT

Brooks
Dennis
Elswick
Gray
Hambrick
Mcknight
Ross
Thompson, E

### Level 0

Cornelison Long Dyko Maggard Hughes Massey McMillian, I

Peck Sizemore



Level 2.5 Sergeant (SGT)

Level 2 Corporal (CPL)

Level 1.5
Private First
Class (PFC)

Level I Private (PVT)

Level 0 Cadet

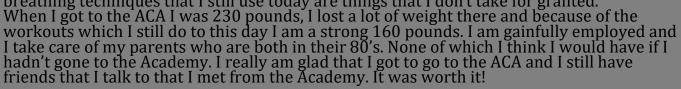
## 6 years out



I didn't realize it then but I was uncontrollable and didn't listen to anybody. I was getting into a lot of trouble and doing things that would get me into a lot more. I now also realize that if it was not for the Appalachian Challenge Academy I would either be dead or locked up today, I have no doubt about that at all. Coming into the Academy I had real anger issues but with the help of the Cadre there, it allowed me to really get that under control. It was my first time away from home and that wasn't easy but the other boys became like family. The other cadets became friends who with their encouragement and push helped me be better and really made my experience great.

Before going to the ACA I really struggled in school often being put in a corner with a coloring book instead of someone even trying to help me learn. At the Academy the teachers tried and though it wasn't easy I learned how to learn. I remember most, the time and effort that was given to me to learn math, which I struggled with really bad. It was hard but because of that teacher I was able to pass the math portion of my testing. Because of their hard work with me, I was able to graduate High School! I didn't think that was even possible before I went to the ACA.

The challenge of the workouts especially at Artemus where we were challenged to whole new levels and the opportunity to ride on a Blackhawk helicopter were opportunities I still think about often and appreciate as they have helped me to overcome some serious obstacles in life even today. But just as important as those big opportunities has been, lessons like the nurse at the ACA helping me learn breathing techniques that I still use today are things that I don't take for granted. When I got to the ACA I was 230 pounds, I lost a lot of weight there and because of the workouts which I still do to this day. I am a strong 160 pounds.



#### Tommy Kendrick Class 14

Tommy came home from school one day with a paper and said he might want to go to the ACA. The paper had a phone number and so we called. Let me tell you he was a pure terror, we couldn't do a thing with him! He was a little monster! I had come to the point I cringed when he came home because I knew he was going to break something or do something. We called that number and we ended up speaking with two gentlemen from the Appalachian Challenge Academy and we decided we had to send him.

In the beginning he asked a number of times for us to come and to bring him home, I knew that was not an option, and I said no. Along the way though he stopped asking and the contact we had with him began to reveal a very different Tommy. He was changing and being so respectful and kind.



When Tommy graduated it looked like Tommy but it was a whole new guy inside. The terror that he was when he left was no more. I thank God everyday for letting us know about the ACA because it did miracles. I would suggest that anyone who has a child who is having trouble or is trouble that they would consider the Appalachian Challenge Academy. I am so glad we did.

Evelyn Kendrick, Proud Mother of Cadet, Tommy Kendrick, ACA Class 014

# Recruiting News Now Accepting New Applications for Class 028

Meet our Recruiting Admissions Team



**Rusty Bailey** 



**Dexter Day** 



Eric Grav



Sarah Lawson

### Fall 2025 Orientation Dates

All times are from 3pm to 7pm

### **Somerset Holiday Inn**

50 Stevie Lynn Lane September 22 October 20 November 24

December 15

#### **London Holiday Inn (exit 38)**

506 Minton Drive September 23 October 21 November 25 December 16

### **Lexington Holiday Inn**

(exit 108 Hamburg) 1976 Justice Drive September 24 October 22 November 26 December 17

### Florence Holiday Inn/ Cincinnati Airport

1055 Vandecar Way September 25 **October 23 December 4 December 18** 

### Williamsburg Hampton Inn (exit 11)

October 8 November 20



**Rusty Bailey** Cell: 606-344-2900 rusty.bailey@challengeaca.com

**Eric Gray** 

Cell: 606-371-3436

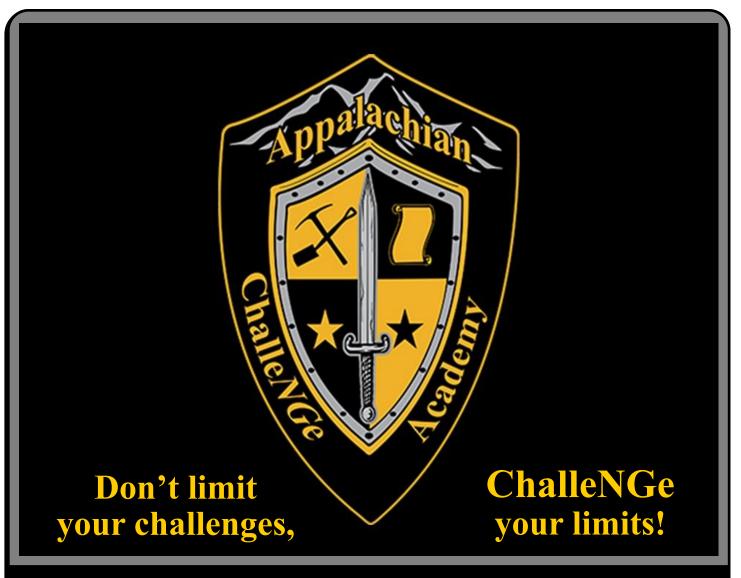
eric.gray@challengeaca.com

**Dexter Day** 

Cell: 606-273-8044 Office: 502-607-5988

dexter.day@challengeaca.com GRANT CARTER SCOTT LAWRENCE WAYNE

www.2abetterme.com admissions@challengeaca.com



The Appalachian ChalleNGe Academy is a 22 week, quasi-military program dedicated to advancing foundational development of regional youth. With a focus on 15<sup>1/2</sup>-18 year olds, it is our goal to provide a diverse skillset through our Eight Core Components that will prepare them to successfully transition into adulthood and create the future they set their sights on. If you would like more information or are interested in joining our community of support, feel free to contact us.

We look forward to hearing from you!



www.2abetterme.com